

# HELP US TACKLE CANCER IN MIDDLESBROUGH

This data refers to:

CCG: NHS South Tees

Local Authority (LA): Middlesbrough

NHS Trust: South Tees Hospitals NHS Foundation Trust

Cancer Alliance: North East and Cumbria

We have chosen data most relevant to your constituency.

The following CCG(s) cover your area: NHS South Tees



Delivery of the cancer strategy has the potential to improve outcomes and experience for thousands of patients across England. Progress has been made in the last two years, but we won't achieve world class cancer outcomes for patients if we do not reduce the demand on the NHS caused by **preventable risk factors like smoking and obesity** and **address shortages in the diagnostic workforce**.

Compared to average:   
★★★★ Better   
★★★ Similar   
★★ Worse   
Measures are referred to as 'similar' when the difference from the average is not statistically significant.

## Preventing more cancers

### POLICY PRIORITY Prevention

More than 4 in 10 cancer cases in the UK could be prevented. **Smoking** is the largest single preventable cause of cancer in the UK.

**Excess bodyweight** is the second biggest preventable cause of cancer in the UK. Obese children are around five times more likely to be obese adults.

### Smoking



The percentage of adults smoking cigarettes in this LA (17.1%) is similar to the England average (15.5%).

**ACTION:** Write to the Chief Secretary to the Treasury asking how the Tobacco Control Plan for England will be funded.

### Childhood obesity



The percentage of children in Year 6 who are overweight or obese in this LA (39.2%) is higher than the England average (34.2%).

**ACTION:** Write to the Public Health Minister asking him to protect children by extending restrictions on junk food advertising.

## Cancer screening

The UK has three screening programmes (bowel, breast and cervical). Screening remains one of the best ways to diagnose cancer earlier. Our ambition is for 75% of eligible people to take part in bowel screening by 2020.

### Bowel screening



The proportion of people aged 60-74 taking part in bowel cancer screening in this CCG (57.6%) is lower than the England average (58.5%).

**ACTION:** Ask your CCG how it is planning to improve this figure further.

## Early diagnosis

Early diagnosis of cancer gives patients more effective treatment options and improves their chance of survival. By 2020 we want to see 62% of cancer patients diagnosed early.

### Stage at diagnosis



The percentage of staged cancers that are diagnosed at an early stage (stage 1 and 2) in this CCG (53%) is similar to the England average (54%).

**ACTION:** Ask your CCG what it will do to improve diagnosis at an earlier stage.

### POLICY PRIORITY Workforce

We will not be able to improve cancer outcomes in England without sufficient numbers of staff equipped with the right skills. Workforce shortages in your area may be impacting on cancer services.

**ACTION:** Write to the Secretary of State for Health to train and employ more NHS diagnostic staff and implement Health Education England's workforce review, due by December 2017.

Turn over for more stats about cancer for Middlesbrough

Sept 2017

LET'S BEAT CANCER SOONER [cruk.org/localstats](http://cruk.org/localstats)



CANCER RESEARCH UK

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## Routes to diagnosis

When a patient is diagnosed as an emergency, it can mean their cancer has progressed to a later stage and is harder to treat. Reducing the number of patients diagnosed at a late stage is crucial.

### Emergency presentation



The percentage of patients diagnosed through emergency routes in this CCG (21.8%) is similar to the England average (19.8%).

**ACTION:** Ask your CCG how it is planning to reduce this figure further.

## Waiting times

Cancer waiting times exist to promote swift diagnosis and prompt treatment for patients, so missing the 62 day wait target is unacceptable.

### Referral to treatment



**TARGET: 85% (NOT being met nationally)**  
The percentage of patients receiving their first cancer treatment within 62 days of an urgent GP referral in this CCG (83.3%) is similar to the England average (82.0%).

**ACTION:** Ask your CCG how it is planning to improve cancer waiting times now and in the long-term, including improving capacity to carry out diagnostic tests.

Variation in access to appropriate treatment contributes to UK cancer outcomes lagging behind other comparable countries. Radiotherapy is one type of treatment a cancer patient could receive.

### Wait for radiotherapy



**TARGET: 94% (being met nationally)**  
The percentage of patients receiving radiotherapy within 31 days of first treatment for cancer in this CCG (98.2%) is similar to the England average (97.3%).

**ACTION:** Ask your CCG what they are doing to maintain access to radiotherapy and plan for the future.

## What is needed to deliver world-class cancer services?

### Data

Cancer Research UK's work monitoring NHS services is only possible because of data that is routinely collected by the NHS as part of patient care.

**ACTION:** Ask your local Cancer Alliance how they are using data to improve patient outcomes.

### Participation in research



Research is crucial to advance our understanding of how to prevent, diagnose and treat cancer.

The percentage of cancer patients who said that taking part in research had been discussed with them at this Trust (25.7%) is similar to the England average (28.5%).

**ACTION:** Ask your NHS Trust what their plans are to ensure more people are informed about research opportunities at your Trust and others.

## Spotlight on IMRT

It's vital that cancer patients have access to the best radiotherapy treatments.

This includes **Intensity Modulated Radiotherapy (IMRT)**.

IMRT targets tumours with more precision whilst protecting vital organs. This means that patients are more likely to avoid side-effects and have a better long-term quality of life.

**IMRT should be given to around 50% of patients requiring curative radiotherapy.** Access currently varies across CCGs in England from 23% to 69%. We will publish figures on this soon.

For more information, including all data sources, please contact [publicaffairs@cancer.org.uk](mailto:publicaffairs@cancer.org.uk) or 020 3469 8124.

## CANCER RESEARCH UK IN MIDDLESBROUGH



There are Cancer Research UK charity shops all across the UK – [cruk.org/shops](http://cruk.org/shops)  
Contact us to find out your nearest Cancer Research UK shop.



### Cancer Research UK Ambassadors

Across the UK we have dedicated volunteer Cancer Campaigns Ambassadors who are passionate about improving the lives of cancer patients and their families in your constituency. Contact us to find out if you have an ambassador in your area.

[cruk.org/ambassadors](http://cruk.org/ambassadors)



CANCER RESEARCH UK  
RACE FOR LIFE

There are many Race for Life events happening across the UK. Contact us for more details.



### Cancer Research UK Facilitator Programme

To help drive improvement in cancer prevention and diagnosis, Cancer Research UK has facilitators working with health professionals in your area. Contact us for more details.